

#### **Study regulations**

of the Faculty of Medicine and the Faculty of Biological Sciences of the Friedrich-Schiller-University Jena

for the study program Integrative Onkologie with the final degree Master of Science as of December 8, 2022

# In consideration of the First amendment of 23 May 2024 (Official "Verkündungsblatt" [Announcement bulletin] of the Friedrich Schiller University Jena No. 3/2024 S. 161)

In accordance with § 3 (1) in conjunction with § 38 (3) of the Thuringian University Law (ThürHG) of May 10, 2018 (GVBl. p. 149), last amended by article 1 of the law of December 22, 2022 (GVBl. p. 483), the Friedrich-Schiller-University Jena issues the following first amendment to the study regulations of December 8, 2022 ("Verkündungsblatt" [Announcement bulletin] of Friedrich Schiller University Jena 04/2023, p. 219). The Council of the Faculty of Medicine passed the regulations on March 12, 2024; the Council of the Faculty of Biological Sciences passed the regulations on April 15, 2024. The Senate of the Friedrich Schiller University Jena approved the regulations on 8 December 2022. The President of the Friedrich-Schiller-University approved the regulations on 8 December 2022.

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#### § 1

### Scope of application and purpose

These study regulations regulate the objectives, content and structure of the part-time postgraduate course in Integrative Onkologie leading to a Master of Science degree (abbreviated to M.Sc.) at the Faculty of Medicine and the Faculty of Biological Sciences at Friedrich-Schiller-University Jena. It applies alongside the associated examination regulations in their current version and the module catalog approved by the Council of the above-mentioned faculties.

### § 2 Admission requirements

(1) Admission to the postgraduate Master's study program requires the successful completion of a professionally qualifying university degree that prepares students for an academic healthcare profession (e.g. medicine, pharmacy, nutritional sciences, psychology, sports sciences, nursing sciences). All applicants must provide evidence of at least one year of professional experience in the healthcare system and in communicating with patients. They are expected to have a qualified, thematically relevant, job in an area of the healthcare system, e.g. in hospitals, clinics, medical practices, pharmacies, health insurance companies or health ministries.



- (2) Along with the first university degree, proof must be provided of study and examination achievements corresponding to at least 240 credit points according to the European Transfer and Accumulation System (ECTS). Graduates of relevant study programs with fewer than 240 credit points will be admitted if they can prove in a case-by-case assessment that they have achieved an equivalent competence profile through their career.
- (3) English language skills at level B2 according to the Common European Framework of Reference for Languages are required if the student wishes to study the degree program in the English-language branch. The relevant certificates must not be older than three years at the time of application. English language proficiency is also deemed to be proven if the degree certificate and diploma supplement of the degree recognized in accordance with (1) show that the first university degree was taught entirely in English. Notwithstanding Section 2 (3) of the Enrolment Regulations of Friedrich Schiller University Jena, no knowledge of German is required to study in the English language branch.
- (4) Informative application documents must be submitted in due time and form, documenting the existence of the requirements mentioned in (1) (3). Applications for a case-by-case assessment in accordance with (2) sentence 2 must be accompanied by suitable evidence of relevant additional qualifications or extended practical professional experience, which enable an overall assessment of the knowledge and skills acquired at university and outside of university.

### § 3

#### **Duration and organization of studies**

- (1) The standard period of study is three semesters, including the time required for the Master's examination.
- (2) The course is organized on a part-time basis. The modules are offered in online format. A full-time online week is planned at the beginning of the first and second semesters. There will be a final weekend at the end of the third semester for the presentation of the Master's thesis. Both the online week and the final weekend can be held as hybrid events.
- (3) The degree program can be completed in German or English. With their application, students decide on the German or English language branch of the degree program and must provide corresponding certificates in accordance with Section 2. A change of language branch within the degree program is excluded.
- (4) The English and German language branches of the degree program are identical in terms of content, structure and organization. The degree program differs only in the language of instruction and the linguistic preparation of teaching materials and examinations.

### § 4 Beginning of studies

The Master's program usually begins in the winter semester.

#### § 5

### Objective of the study program

- (1) The aim of the Master's degree program as a part-time continuing education program is to teach knowledge and skills in evidence-based integrative oncology as well as skills for the successful integration of the topics in lay information and communication after a first university degree qualifying for a profession. After completing the program, students should be able to
  - integrate integrative oncology topics into the overall care concept for cancer patients and establish the corresponding structures;



- critically analyze and evaluate current methods and procedures of integrative oncology in terms of evidence-based medicine;
- communicate and discuss their evidence-based knowledge from the field of integrative oncology to target groups with different needs in a layperson-friendly manner;
- to promote and support the self-efficacy and autonomy of cancer patients with the help of their knowledge and skills in terms of patient empowerment;
- to participate or actively in the advancement and current research in the field of integrative oncology.
- (2) The course should enable students to critically classify scientific findings, think in an interdisciplinary way and analyze complex issues across disciplines, interpret findings and develop solutions. Successful completion of the course qualifies students for further academic qualification within the scope of a doctorate.

## § 6 Structure of the study program

- (1) The course has a modular structure and covers a total of 60 credit points (CP) according to the European Transfer and Accumulation System. Each module forms one learning and examination unit. The modules are made up of different forms of learning and work, such as (online) lectures, (online) seminars, case study, self-study and (online) examinations. A module usually spans over one semester. The workload per semester comprises 20 CP. For the award of one credit point, a workload of 30 hours of attendance and self-study is assumed.
- (2) The study program consists of
  - 1. the modules Complementary Medicine (10 CP), Nutrition (10 CP), Physical Exercise (10 CP) and Integrative Oncology (10 CP),
  - 2. the Master's thesis (20 CP).
- (3) The Complementary Medicine module teaches interdisciplinary knowledge and skills in the field of complementary medicine, including biologically based methods, mind-body methods, holistic systems and alternative medicine. A particular focus is the critical discussion and differentiation of alternative medicine from complementary medicine.
- (4) The nutrition module teaches knowledge about a balanced diet, the role of nutrition in prevention and rehabilitation, as well as during (oncological) therapy and in certain (oncological) disease situations. It also provides in-depth knowledge of special diets, cancer diets and the role of nutritional supplements.
- (5) The Physical Exercise module teaches students about the role and importance of sport and physical activity in prevention and rehabilitation, as well as during (oncological) therapy and in certain (oncological) disease situations. Indications, contraindications and the influence of exercise before, during and after oncological therapies are analyzed and evaluated.
- 6) The Integrative Oncology module teaches and analyzes symptomatic treatment options, their appropriateness and risks in the context of integrative oncology. A particular focus is on integrating the topics into lay communication and information for people with cancer and their relatives in order to strengthen resilience and self-efficacy. Students learn how to provide targeted advice on assessing the benefits and risks of methods of complementary medicine, nutritional medicine and sports medicine, as well as the respective communication with various target groups, taking into account ethical assessments and the legal basis for decision-making in integrative oncology.



- (7) In all modules, key scientific qualifications and working techniques are taught alongside specialist knowledge. All modules are designed to train skills in scientific research, the critical analysis of one's own and other people's data and the presentation of scientific results. Social skills such as teamwork and interdisciplinary, multi-professional work are to be strengthened. All modules analyze the possibilities and limitations of integrating the respective module content into the overall care concept for people with cancer.
- (8) The study program is completed with the Master's thesis. By writing the Master's thesis, students are expected to demonstrate that they are capable of scientific work and can critically analyze, assess and work on research questions and problems in the field of integrative oncology.

### § 7 Student advisory service

- (1) The study coordinator is available for individual study organization. The module supervisor provides advice on module-specific study issues.
- (2) The Central Student Advisory Service of the Friedrich-Schiller-University Jena is available for non-subject-specific study problems.

### § 8 Tuition fees

Tuition fees are charged for the part-time continuing education course in Integrative Onkologie.

### § 9 Equality Clause

Status and function descriptions in these regulations apply equally to women and men, regardless of their grammatical gender, as well as to persons who do not or cannot be assigned to either of these genders.

### § 10 Date of effect

These study regulations shall enter into force on October 1<sup>st</sup> 2023 after their publication in the "Verkündungsblatt" [Announcement bulletin] of the Friedrich Schiller University Jena.

Jena, 8 December 2022

Prof. Dr. Walter Rosenthal
President of the der Friedrich-Schiller-University Jena